Coach potatoes -to find smth very easy

Easy as pie - to cry about smth that has already happened and

 cannot be changed

As nutty as a fruit cake - to be very poor

Full of beans - a very lazy person

Sell like hot cakes - earn money needed for family

Best thing since sliced bread - to flatter someone, to get his friendship

Cry over spilt milk - feeling very energetic

My cup of tea

 - to tell a secret to someone who is not supposed to know about it

To have a finger in the pie - the most interesting things in life

In the soup - to go from smth bad to smth worse

In a nutshell - to be in serious trouble

He spice of life -briefly in two words

Out of the frying pan into the fire - it`s my business

To butter someone up - difficult task

To be on the

breadline

- to look or smell so

good that you want to eat it very much

A hard nut to crack - to sell very quickly

To bring home a bacon - to know everything about someone`s business

Spill the beans -smth fantastic that has ever happened